



an initiative of
VicHealth™

6 Week Wednesday Program



Location: Shell Road Reserve,
Shell Road, Ocean Grove
Session Time: 10:00 – 11:00am
Session Dates: 31 July - 4 September
Cost: \$20 per participant*

***full program payment (\$20 for all six sessions) is paid upfront when registering online. Sessions are \$5 each, with 2 free sessions per participant.*