



an initiative of
VicHealth™

6 Week Monday Program



Location: Kurunjang Reserve,
Cnr Centenary Ave and
Palmerston St, Melton

Session Time: 9:30 – 10:30am

Session Dates: 29 April - 3 June

Cost: \$40 per participant*

**full program payment (\$40 for all six sessions) is paid upfront when registering online. Sessions are \$10 each, with 2 free sessions per participant.