



an initiative of
VicHealthTM

8 Week Thursday Program

Location: Victoria Park,
Military Drive Ballarat

Session Time: 4:45 – 5:45pm

Session Dates: 2 May - 20 June

Cost: \$30 per participant *



*full program payment (\$30 for all eight sessions) is paid upfront when registering online. Sessions are \$5 each, with 2 free sessions per participant.