



an initiative of
VicHealth™

5 Week Saturday Program

Location: Knox Regional Football Centre,
257 George St, Wantirna South

Session Time: 9:00 – 9:45am

Session Dates: 16 Feb - 23 March**

Cost: \$30 per participant *

*full program payment (\$30 for all five sessions) is paid upfront when registering online.
Sessions are \$10 each, with 2 free sessions per participant.

** (No session on 9th March)

This program is run in at the same
time as



for more information go to
footballvictoria.com.au/get-involved