



an initiative of
VicHealth™

6 Week Program

Location: Elwood Park
(Opp. Elwood Lifesaving Club)

Session Time: 6:00 – 7:00pm

Session Dates: 5 Feb - 12 March

Cost: \$40 per participant *



*full program payment (\$40 for all six sessions) is paid upfront when registering online. Sessions are \$10 each, with 2 free sessions per participant.